



DR. KANIKA SIMS, MD, MPH

Dr. KANIKA_{MD}

**HEALTH COACH
SPEAKER | BEST-SELLING AUTHOR
CORPORATE WELL-BEING CONSULTANT
BOARD CERTIFIED INTERNAL MEDICINE PHYSICIAN**

**BOOKING INFORMATION:
[DRKANIKAMD.COM/SPEAKER](https://drkanikamd.com/speaker)**

SPEAKERS KIT



**BOARD
CERTIFIED
PHYSICIAN**

**HEALTH
COACH**

**CORPORATE
WELL-BEING
CONSULTANT**

SPEAKER

**BEST-
SELLING
AUTHOR**

WHY YOU SHOULD WORK WITH ME...

Kanika M. Sims, MD, MPH is board-certified in Internal Medicine with additional Residency training in Preventive Medicine and Pediatrics. She is an Assistant Professor of Hospital Medicine, best-selling author, and dynamic speaker.

Dr. Kanika is dedicated to promoting health and well-being in the workplace and for individual clients.

Through her consulting, corporate training, and speaking, she tirelessly works to reimagine health and simplify what it means to be healthy, thus ensuring well-being for all.

WHAT TO EXPECT...

Here's what you can expect from me and my team:

- Prompt, professional replies to your phone calls and email messages.
- A personal phone consultation with a member of my team prior to your event, so I can better understand how I can best serve you and your audience.
- An announcement about your event on my blog and social media channels. (This assumes that your event is open to the public and you want additional visibility for it.)
- Training & presentations will be professionally prepared and dynamically delivered, focused on achieving the outcomes you want with your audience.
- Speeches will be customized to suit your event theme.
- Hosted events will be fun and high energy while keeping the crowd engaged.



MY BIOGRAPHY

Dr. Kanika M. Sims, MD, MPH, is distinguished by her board certification in Internal Medicine. Her comprehensive training further spans Preventive Medicine, Pediatrics and Obesity Medicine. Currently, she serves as an Assistant Professor of Hospital Medicine. She is a best-selling author and an impactful speaker.

She earned her Doctorate of Medicine from the Medical College of Georgia and underwent Residency training in Internal Medicine and Pediatrics at the University of South Florida. Subsequently, she pursued a Fellowship in Preventive Medicine at Johns Hopkins School of Medicine.

As the founder of Invest Inclusion, Dr. Kanika is committed to re-imagining health and empowering individuals through education and coaching. With an unwavering dedication to health promotion and equitable healthcare access, she continually champions the needs of marginalized populations to ensure health equity for all.

MY SIGNATURE TOPICS

It's always a challenge to find just the right speaker for your event. I understand how important it is to find someone who can give a strong, relevant message while authentically connecting to your audience. With that being said, I am honored that you have decided to consider me.

Please take a moment to review some of my most popular topics below. I do offer customized talks, so if you don't see what you are looking for, please contact me at www.drkanikamd.com/speaker

01

BLOSSOM AND THRIVE: SIMPLE PATHS TO HEALTH AND TRANSFORMATION

02

HEALTH IS YOUR BIRTHRIGHT: A NEW VISION FOR CORPORATE HEALTH AND WELL-BEING

03

EMPATHY IN THE WORKPLACE: CULTIVATING CONNECTION, CULTURE, AND WELL-BEING

PREVIOUS SPEAKING ENGAGEMENTS

AMERICAN CANCER SOCIETY

**EMORY UNIVERSITY SCHOOL
OF MEDICINE**

**MOREHOUSE SCHOOL OF
MEDICINE**

**JOHNS HOPKINS SCHOOL OF
PUBLIC HEALTH**

THE ASBURY GROUP

**EMORY UNIVERSITY GOIZUETA
BUSINESS SCHOOL**

CITY SCHOOLS OF DECATUR

**THE DEKALB COUNTY OFFICE OF
YOUTH SERVICES**

**GEORGIA COUNCIL ON
DEVELOPMENTAL
DISABILITIES**



ACCOLADES & ACCOMPLISHMENTS

CAREER

- 2009 - **Board Certification** Internal Medicine
- 2009 - **Board Certification** Pediatrics
- 2011 - **Hospital Medicine Physician** - Eastside Medical
- 2012 - **Founded** E. Legacy Consulting, LLC
- 2014 - **Hospital Medicine Physician** - Emory North Decatur
- 2016 - **Founded** Sage Willow Properties, LLC
- 2017 - **Assistant Professor of Hospital Medicine** - Emory University School of Medicine
- 2019- **Implicit Bias Trainer**-Emory University School of Medicine
- 2019 - **Member** - Emory Diversity, Equity, Inclusion Leadership Committee
- 2020 - **Assistant Professor of Hospital Medicine**- Morehouse School of Medicine
- 2020 - **Board Certification** Obesity Medicine

EDUCATION

BACHELOR OF SCIENCE, MAJOR IN BIOLOGY, MAGNA CUM LAUDE

UNIVERSITY OF HOUSTON | 1996-2000

MEDICAL DEGREE

MEDICAL COLLEGE OF GEORGIA | 2000-2005

MASTER'S OF PUBLIC HEALTH

JOHNS HOPKINS SCHOOL OF PUBLIC HEALTH|2009-2010

AWARDS

2018 - EMORY UNIVERSITY SCHOOL OF MEDICINE FACULTY DEVELOPMENT

**2019- EMORY QUALITY CONFERENCE-
OUTSTANDING DATA ANALYSIS/DISPLAY**



WHAT OTHERS HAD TO SAY...

Dr. Kanika is a dynamic speaker and facilitator whose presentations evoke a renewed sense of understanding, belonging, and empathy.

Dr. Kanika facilitated a session on DEI and empathy-building at my organization's summit in 2023. Her attention to detail, expertise on the subject matter, and down-to-earth approach won over everyone.

Everyone left the session with a renewed understanding and appreciation for different perspectives, and I'm truly thankful to Dr. Sims for taking the amount of care, time, and energy to help bring forward this amazing session.

I highly recommend Dr. Kanika - her talent and expertise are unmatched.

- **Krystal Woods**

As a speaker Dr. Kanika is engaging, empathetic and informative. Informed decision making in all aspects of health care is something we strive to make possible for all of our constituents. Dr. Kanika's webinar made that possible.

- **Maria Pinkleton**



IN THE MEDIA

I am always honored when people want to interview me or feature me in their media outlets; it is truly humbling to be allowed to expand my platform. That being said, keep in mind that I get quite a few of these types of requests and time constraints keep me from honoring them all. If you would like to feature me or my work on your media outlet, please complete the contact form on the side bar. My team works on a first come, first served basis. Additionally we consider audience size and relevance. I'm looking forward to hearing from you.



WHERE I'VE BEEN FEATURED



A portrait of a smiling woman with long, curly brown hair, wearing a pink off-the-shoulder top and a pearl necklace. She is positioned on the right side of the frame. In the background, a laptop is visible, showing the Apple logo.

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GET IN TOUCH



@DRKANIKAMD



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(706)284-6223



INFO@DRKANIKAMD.COM